



UNION MEETINGS
Thurs., July 11, 2019
No meeting in August

Retiree Meetings
No meeting til Sept.

JATC Meetings
2nd Tuesday of the month
at 4 pm

Plumbers & Steamfitters
Local 7
18 Avis Drive, Latham, NY
12110
WWW.UALOCAL7.ORG
518-785-9808

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Local 7 Plumbers & Steamfitters

TOP FIVE TIPS
TOP FIVE TIPS FOR BEING
HEALTHY AT WORK



- #1 BEAT THE HEAT**
HOW TO STAY COOL
WORKING CONSTRUCTION
- #2 UP YOUR ENERGY**
HIT THE GYM
- #3 HEALTHY MEALS FOR HUNGRY WORKERS**
KEEPING YOUR DIET UNDER WRAPS
- #4 STAY THIRSTY, MY FRIENDS**
HYDRATION TIPS FOR WORKING IN THE HEAT
- #5 HOMEWORK**
A LITTLE UNCLE TOM'S CABBAGE

SPECIAL MEETING CALLED~WAGE & BENEFIT ALLOCATIONS

Dear Brothers & Sisters:
On May 1, 2019, members received a \$1.75 wage increase. A **special meeting** to discuss and vote on wage and benefits allocations based on that increase will take place on Thursday, July 11, 2019, at 4:30 pm at the Labor Temple. At last month's regular union meeting, the members voted to approve two proposals, which will be presented to the membership for consideration as follows:

Proposal (\$1.75 Wage Increase Effective May 1, 2019)

Increase:	#1	#2
Wage	\$1.25	\$0.90
Pension	\$0.25	\$0.25
Welfare	\$0.10	\$0.10
Annuity	\$0.15	\$0.50
Total	\$1.75	\$1.75

Note that proposal one (1) was formulated based on recommendations by the negotiating committee, and in consultation with the plan trustees and the benefits department's fund professionals. Both proposals will be the subject of this special meeting and a secret ballot vote to follow floor discussions and deliberations. Your input is essential. Hope to see you there!

New York State Pipe Trades Convention Election

At last month's meeting, nominations to the 112th Annual New York State Pipe Trades Convention were held. Elections for **five delegates** will be held on Thursday, July 11, 2019 and the convention will be held on July 28th-July 31, 2019. The following members were nominated:

- (Vote for 5)***
Ed Herzog
Tim Carter
Bryan Puspurs
Wayne McMahan
Jessica Savignano
Don Carter
Rob Martin
Paul Fredericks
Kyle Piazza

2019 IMPORTANT DATES FOR LOCAL 7

- + **July 11, 2019** monthly meeting, election of NYS PipeTrade Delegates
- + **NYS Pipe Trades Convention July 28-July 31st, 2019**
- + **July 31, 2019** Retired members club baseball trip, (*members who have signed up, meet between 8:15- 8:30 am at the Union Hall, 18 Avis Drive, Latham.*)
- + **August 10, 2019** - Annual Steakroast at Lanthier's Grove.
- + **August 27, 2019** - Local 7 Night at the Joe

125th ANNIVERSARY CELEBRATION

On May 11, 2019 at the Albany Capital Center, Local 7 celebrated the **PAST, PRESENT & FUTURE** of its **125 YEARS** with over 1000 attendees! Local 7 recaptured its **PAST** by honoring all its hard-working members through video and a special thanks to former Instructor, Mr. Brian Wacksman, for his many years of dedication. Local 7's **PRESENT** achievements were bestowed honors from County Executive Dan McCoy, NYS Assemblymen Phil Steck and Angelo Santabarbara, and United Association General President Mark McManus! A special acknowledgement was made to Benefits Administrator, Mr. Robert Valenty, on his retirement from 20 yrs + of service. And finally, the Graduation of the Apprenticeship Class of 2019 starlighted Local 7's **FUTURE** by making a promise to continue its hard-earned longevity. Happy 125th Anniversary!!



TRI-CITY VALLEY CATS

Plumbers & Steamfitters Local 7 is once again a corporate sponsor for the Tri-City Valley Cats. We have 8 premium seats for all the 38 regular season home games, a 7 ft x 14 ft. Outfield Fence sign, a nightly PA announcement in the 7th inning and this year will be once again having Local 7 Night at the Joe! We have the pavilion reserved for **August 27th**. Free tickets for the games will be offered to all members. Each member will be allowed a maximum of four tickets for the entire season. Tickets will be distributed on a first come first served basis!



LOCAL 7 CLAMBAKE

Local 7's Annual Clambake will be held on **Saturday, August 10, 2019 at Lanthier's Grove**. Tickets will be available soon and can be picked up at the office, at the July Union meeting or by calling the office and reserving tickets to be sent to the gate. Tickets prices are \$42 for CLAMBAKE, \$42 for CHICKEN BBQ, \$45 for STEAK, and \$49 for LOBSTER. Children's meals are available for \$25 for chicken or \$20 for burgers/dogs. Members, their spouses and children under 22 are free. All other guests are required to pay. The committee asks that all tickets be paid one week in advance. **Lobster tickets will only be available until August 2nd, 2019.** No Lobster tickets will be sent to the gate, they can be picked up in person or we can mail them. This event is always a good time, please come out and enjoy the day!!



UPCOMING SUMMER CLASSES

Welding classes Tuesday and Thursdays.

OSHA 30 starts June 11th, Tuesday & Thursdays at 4:30 pm.